

Medication Management Program

For New Patients



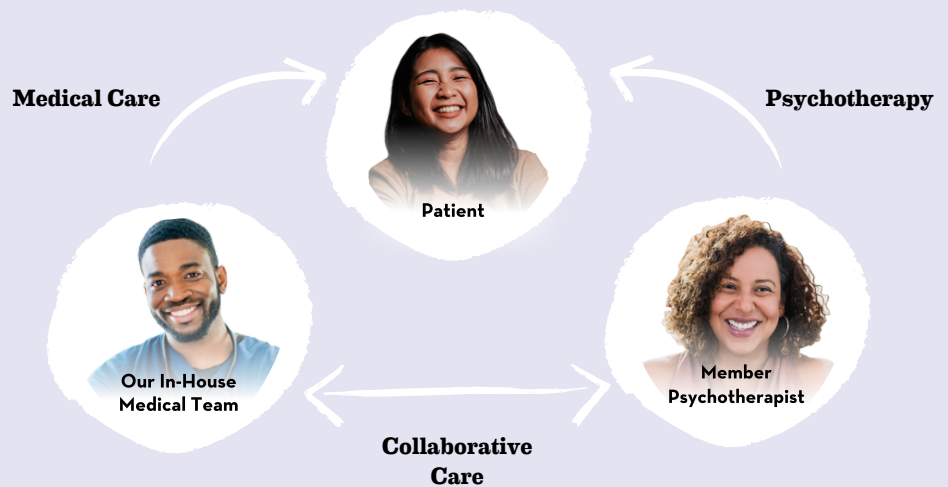
Medication management is a concierge mental healthcare program that provides patients with fully-connected, holistic treatment for the highest quality of care.



Our Collaborative Care Model

Collaborative care is at the heart of what we do at Journey Clinical: we believe that delivering excellent care requires a deeply connected approach between psychiatrist, psychotherapist and patient.

In this holistic program, our world-class medical team collaborates directly with your trusted psychotherapist to design a personalized treatment plan with frequent check-ins to comprehensively support your mental health journey.



Program Details



Program Includes:

- Complete management of all your psychiatric medications
- Personalized treatment plan
- One in-depth 60-minute medical intake
- Ongoing 30-minute medical follow-up appointments
- On-demand access to your care team for you and your therapist

Eligible Patients

- Over 18 years old
- In a relationship with a Journey Clinical member psychotherapist

Program Cost

- \$250 One-time 60-minute comprehensive medical intake (for new patients, not for existing KAP patients)
- \$150 per medical follow-up appointment

If you are interested in joining our psychiatric medication management program, [please enroll in your patient portal](#). We look forward to supporting your mental health journey.

Begin your journey:
patient-support@journey.clinic

www.JourneyClinical.com
[@journeyclinical](https://twitter.com/journeyclinical)

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Frequently Asked Questions

What is psychiatric medication management?

Beyond KAP, Journey Clinical will now be able to support your mental health holistically, including evaluating, and prescribing all psychiatric medications. Medication management with Journey Clinical also includes ongoing medical check-ins with you for more frequent and comprehensive outcome monitoring. We will be able to be your primary psychiatric provider, further strengthening our collaborative care model for the highest possible quality of care.

What types of medications will Journey Clinical support (based on eligibility/applicability)?

Journey Clinical will be able to support prescribing of general psychiatric medications including common antidepressants (e.g., SSRIs, SNRIs, TCAs, MAOIs, atypical antidepressants) other anxiolytics, mood stabilizers, antipsychotics, additional agents, benzodiazepines, stimulants, and hypnotics.

How will patients be assessed for the psychiatric medication management pilot?

Patients who are in a therapeutic relationship alliance with one of our member psychotherapists and are engaged in KAP will need to schedule a follow-up consultation to be assessed for psychiatric medication management. Clients who are not engaged in KAP, but are interested in psychiatric medication management will need to schedule a one-hour intake appointment to determine eligibility.

What is the process?

For Existing Journey Clinical KAP Patients:

Step 1: Enroll in psychiatric medication management through your Journey Clinical patient portal

Step 2: Log into the Journey Clinical portal to complete clinical scales

Step 3: Schedule first 30-minute psychiatric medication management follow-up appointment with a Journey Clinical provider (\$150 per appointment)

For New Journey Clinical Patients:

Step 1: Log into the Journey Clinical portal to complete client intake and clinical scales

Step 2: Schedule 1-hour medical intake consultation (\$250)

Step 3: Purchase 3-month psychiatric medication management subscription (\$150/month)

Step 4: Schedule first 30-minute psychiatric medication management follow-up consultation with a Journey Clinical provider

What will the psychiatric medication management follow-up consultation consist of?

Psychiatric medical management will mean more frequent and deeper check-ins to support your client's mental health journey holistically. Enrolled patients will have ongoing follow-up appointments with our medical team to review the treatment plan, assess clinical outcomes and adjust the treatment plan for KAP and/or general psychiatric medication management as applicable.